



– FOLSOM LAKE YACHT CLUB – 2009, SAILING INSTRUCTIONS

- RULES:** All races will be governed by the Racing Rules of Sailing 2009-2012, the prescriptions of the USSA, and the rules of the participating classes, except as any of these are changed by these sailing instructions.
- REGISTRATION:** Participants must register with the day's Race Committee in advance, or at the FLYC Boathouse, or is not floating, at the docked Committee boat not later than one-half hour before the scheduled time of the first shape of the day. All participants must pay the appropriate fee determined by the FLYC Board of Directors. The fee for 2009 will be either \$40 to pay for the entire year of series races, or \$5 for FLYC member, or \$10 for non-members.
- SKIPPER'S MEETING/NOTICE TO COMPETITORS:** No skippers' meeting will be held for series races. Notices to competitors and changes in the instructions will be published in the Telltale and/or posted on the notice board at the FLYC Boathouse, or if not floating, at the docked Committee boat in the event a posted notice has not been published, Code Flag "L" shall be displayed on the docked Committee boat during the registration period. The Race Committee may give oral instructions on the water by displaying the **Code Flag "L"** and stating **changes to these Sailing Instructions**.
- SCHEDULE OF RACES:** Races are scheduled as published in the Telltale and at www.flyc.org.
- CLASSES:** Four boats are required to establish a one-design class, based upon pre-registration for a series combined with participation in recent series. Boats not establishing a one-design class will compete in the appropriate handicap fleet as follows: Centerboard boats will compete in the Open Centerboard fleet using Portsmouth ratings; Multihull boats will compete in the Open Multihull fleet using Portsmouth ratings, and Keelboats will compete in the Open Keelboat fleet using the Southern California PHRF ratings (boats rating less than 190 shall compete in the Red Keel fleet, boats rating 190 and above shall compete in the Blue Keel fleet).
- RACING AREA - MARKS AND COURSE:** The racing area, marks, and courses are depicted at the end of these Sailing Instructions. Circle marks 1-8 are barrels. If the Race Committee chooses, then the course will be in the South Fork of the American River. When racing in the South Fork there will be just two marks, and the Race Committee will inform the boats as to the course to sail for each race.
- THE START/FINISH:** Races will be started using Rule 26. The Race Committee shall designate the course no later than the preparatory signal. This changes Rule 27.1. The start/finish line will be between the Committee Boat's mainmast or a staff displaying an orange flag and a mark displaying an orange or red flag to port of the Committee Boat. Boats whose preparatory signal has not been made shall keep clear of the start area and all boats racing. General Recalls shall follow Rule 29.2; except that recalled classes will go to the end of the starting sequence. After finishing all boats shall deep clear of the finish area until all classes have finished and the Race Committee has lowered the Blue Shape.
- COURSE CHANGES AFTER THE START:** A change of course after the start will be signaled near the mark beginning the leg being changed by a Race Committee boat that will display the **Code Flag "C."** The Race Committee will designate only the **next mark** of the course to be sailed. Boats will round marks thereafter in keeping with the appropriate course configuration designated for their class. Periodic sound signals will be made by RC staff on the Race Committee boat. The change will be signaled before the leading boat has begun the leg. The Race Committee may shorten a race using one of the following:
 - A Race Committee boat displaying **Code Flag "S,"** accompanied by two sound signals at a rounding mark means "Competitors shall **finish here**, between the rounding mark and the Committee boat." The change will be signaled before the leading boat has rounded that mark.
 - A Race Committee boat displaying **Code Flag "F,"** accompanied by multiple sound signals at a rounding mark means, "After rounding, **proceed to finish at the original finish line.**" The change will be signaled before the leading boat has rounded that mark.
 - The Race Committee may lengthen a race by displaying **Code Flag "T"** at the finish line. Competitors shall proceed through the finish line and sail their designated **course a second time**. No sound signal will accompany Code Flag "T." The change will be signaled before the leading boat has crossed the finish line for the first time.
- TIME LIMIT:** The leading boat of a class must finish within 2.5 hours from the start of her class. The remaining boats must finish within one hour of the leading boat of that class. Those boats not finishing within these times will be scored "DNF." This changes Rule 35.
- PROTESTS:** Protests shall be filed in writing at the dock within 30 minutes of the Race Committee boat arriving dockside, and of her hoisting **Code Flag "B."** USSA forms for **filing protests** are available at the FLYC Boathouse or docked Committee boat. Protest notices will be posted at the Boathouse or docked Committee boat within 30 minutes of protest time limit expiration to inform competitors where and when there will be a hearing in which they are parties to or named as witness.



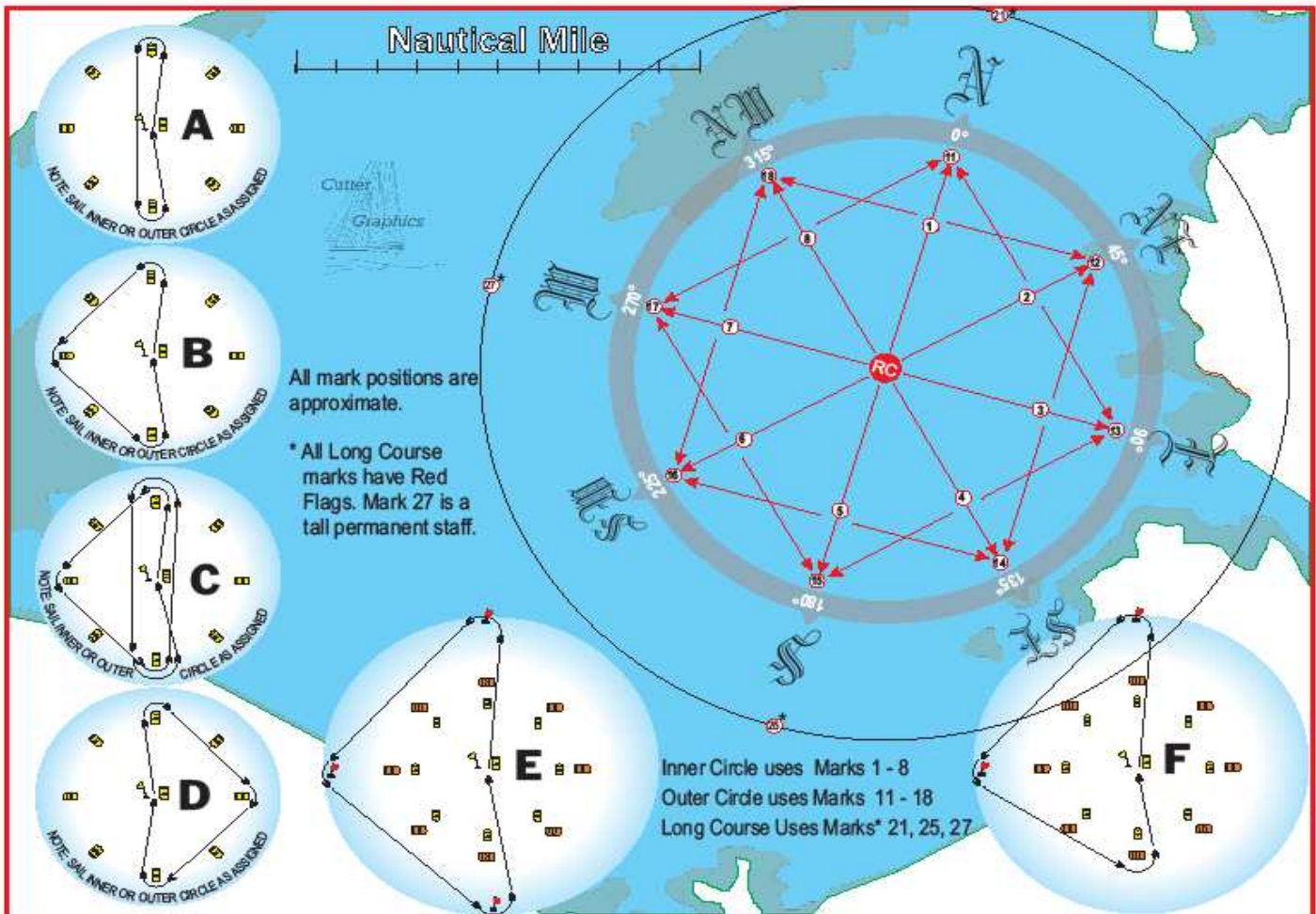
11. **SCORING:**

- a. The low-point scoring system, Appendix A4 of the Racing Rules will apply. A DNF, DNS, DSQ or a boat which retires will be scored the number of boats entered in the series + 1. Discards shall be allowed per races held as follows: 4-6 races, 1; 7-9 races, 2; 10-12 races, 3. A skipper serving on Race Committee shall receive the average score of their races raced in that series as their score for each race of that day served on RC, but no worse than a DNS for that day, and limited to a maximum of one day for each series.
- b. Open multihull and open centerboard class boats will be scored using Portsmouth D-PN rating. Keelboats competing in a handicap fleet will be scored via PHRF time-on-distance method, using current FLYC or Southern California PHRF ratings, or if unavailable, by averaging current PHRF ratings, excluding the highest and lowest values when more than 4 ratings are listed.

12. **SAFETY:** Safety is the primary concern of the Race Committee. All centerboard and multihull boats will have, as a minimum, a 15-foot tow line (painter) attached to their mast or suitable bow fitting while afloat. Keelboats must have a boarding ladder aboard. Rescue boats under the direction of the Race Committee may ask /order skippers and crew to leave boats in distress. Failure to do so when so ordered will result in a disqualification from the entire series. When **Code Flag "Y"** is flown from the Race Committee boat, **personal flotation** devices (PFDs) must be worn by everyone until ashore. Those not complying with this rule shall be "DSQ'd." Every boat shall render all possible assistance to any vessel or person in peril, when in a position to do so. If possible, boats retiring for the day shall notify the Race Committee.

13. **AWARDS:** The number of Series awards will be determined using series attendance of that fleet according to the following criteria; less than 5 boats = 1 trophy; 5-7 boats = 2 trophies; 8 or more boats = 3 trophies. FLYC members are eligible for Series awards, which will be presented at the Awards Banquet. Individual race awards will be given to the winners of each of the day's races at the dock party.

14. **DOCK PARTY:** All participants, their families and guests are invited to attend the dock party at the conclusion of each race day to be held at the FLYC Boathouse or, if not floating, at the docked Committee Boat.



COURSE LENGTH: A = 1.6 mi; B = 1.8 mi; C = 3.4 mi; D = 1.8 mi.